


Welcome

Welcome to The H Resort Beau Vallon Beach Seychelles. We are delighted that you selected us for your stay in paradise!

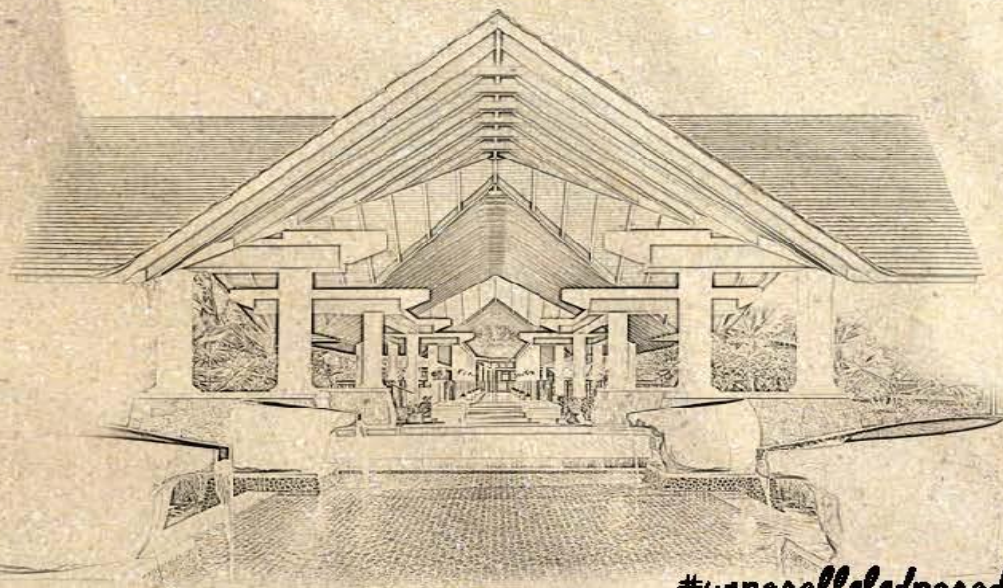
We firmly believe that life isn't about the number of breaths you take, but, about the moments that take your breath away. For this reason we have created an eclectic selection of experiences, for you to enjoy during your stay – so do as little or as much as you like and create everlasting memories that are worth sharing.

How Can We Help?

There are no requests too complicated for us and our team is available round the clock to assist you in curating the perfect vacation. You can visit us at reception, connect with us via the 'At Your Service' button on your in-suite phone or better still, save our WhatsApp number  and drop us a line – for anything you may need.




WhatsApp Us
+248-2605301



#unparalleledparadise






The Resort

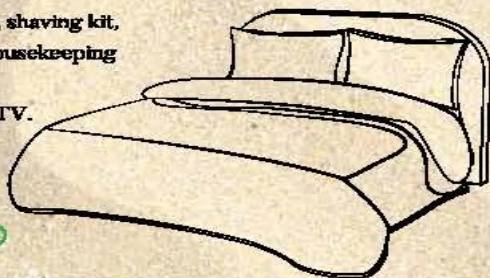
- We have a Guest Experience & Concierge team available around the clock to assist you with bookings, excursions, flights and anything else to make your holiday go smoothly
- The local currency is Seychellois Rupee (SCR) and US\$, € and £ can be exchanged at the reception while all major credit cards except Maestro and Diners Club are accepted
- The Business Centre is at the top of the main staircase, adjacent to reception and offers internet services
- For printing, faxing, photocopying and other secretarial services you can contact the reception
- Courier services, floral services are available via the reception
- Luggage can be stored in a secure luggage room. For assistance with this, please WhatsApp  us or contact us on the in-suite phone. For lost luggage or personal belongings, please get in touch and we will do everything we can to help. If you find an item that belongs to somebody else, please let us know
- Laundry and dry cleaning services are available daily between 7am and 7pm as well as a tailor for minor alterations between 8am and 5pm daily except Fridays. Laundry received Before 10am will be returned same day before 6pm. Laundry received after 10am will be returned next day before 10am.
- We love animals and our resort is full of friendly wildlife, but with the exception of guide dogs – pets are not permitted within the resort
- Paintings and Seychelles souvenirs are available for sale. Kindly contact the reception to purchase

The Serious Stuff

- For emergencies within the resort, please alert the nearest member of staff or press the 'Emergency' button on your in-suite phone. When outside of the resort, please dial 999 for the police
- The resort evacuation alarm will sound in case of an emergency. Please familiarize yourself with the evacuation chart which is on the back of each suite and villa door – this will indicate where the extinguishers, break glass points, fire exits and assembly points are located. Also familiarize yourself with your surroundings in case you need to evacuate when it's dark or smoky
- The emergency assembly point is at the Volleyball Court next to the main swimming pool. The route to this point will vary depending on your location so please refer to the evacuation chart
- In case of a medical emergency, please contact the team on your phone. A doctor can be called and hospital visits can also be arranged (these are chargeable). The resort is not liable for any incidents with professional healthcare providers
- If you notice a suspicious package or item or a suspicious person within the resort premises, please alert a security guard or member of staff
- There is a safe available in your suite or villa – it is advised that you secure all your valuable items and important documents here such as your passport. Alternatively we can store these for you in the main locker. Please contact the reception for assistance
- The use of drones is not permitted within the resort grounds, unless permitted by management

Your Suite and Villa

- Check-in is from 3pm and check-out is up to 11am. To book a late check-out (chargeable) or enquire about Express check-out - please WhatsApp  or contact the 'At Your Service' team
- The local voltage is between 220 and 240 volts. The socket used in the Seychelles is a flat three pin socket. A multi-socket is available in the room. Adaptors are available from housekeeping or reception
- Babysitting services are available upon request. This service is chargeable and needs to be booked in advance
- Bathrobes are available for use throughout your stay. To purchase these, please WhatsApp  or contact reception
- If you require any additional amenities such as a toothbrush, shaving kit, sewing kit or extra soap, please WhatsApp  or contact housekeeping
- For your Sleeping comfort, an extra pillow is available on request. You can choose from the pillow menu list on your TV.
- A CD and DVD Player is available on request.
- Your room is serviced twice a day, first between 9am and 4pm and then turn-down service is offered from 5pm to 9pm. For special requests or amenities, please WhatsApp  or contact housekeeping
- All suites and villas are non-smoking - a cleaning fee will be applicable if you smoke inside the rooms.
- If you require privacy, please place the sign outside your suite door on to Do Not Disturb. For villas, please put the coconut on the outer side of your gate. If you wish to stop all telephone calls connecting to your suite or villa, please get in touch with the reception
- The tap water is not for drinking - 2 Complimentary bottled waters will be provided each day during morning service. If you require more, please feel free to request some.
- If you are planning to have a guest join you, please announce them at the reception. They will be required to leave a copy of their passport or ID at reception, Guests without ID or a passport will only be allowed to visit the public areas of the hotel. Additional charges may apply for use of the facilities
- If you need help waking up, please WhatsApp  or call the operator to set up a wake-up call
- There is a hair-dryer available in the wardrobe drawer as well as a hair salon in Sesel Spa



Connectivity





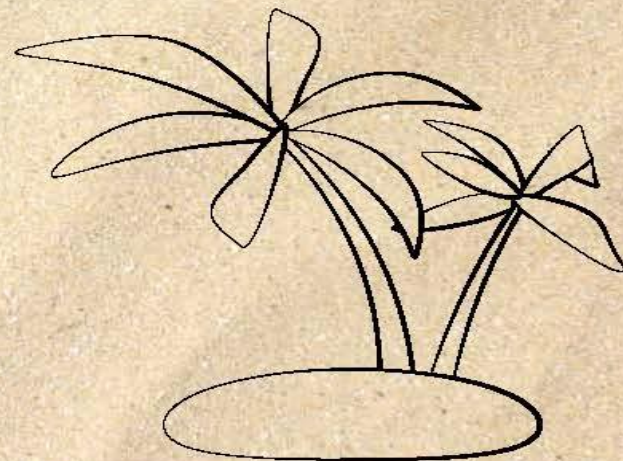
- Wi-Fi is available throughout the resort and is complimentary for all guests. Upto 3 devices can be connected per room.
- We are a modern resort - but we also keep a Fax Machine on standby and the number is +248 438 7100
- Each guest suite and villa has a telephone - if the red light on your phone is flashing, it's a message for you. Please press the message button to retrieve it
- To connect to another room at the hotel, dial 1 followed by the room number (xxx). For example, if you wish to connect to #10; dial 1 and then dial 010.
- Dial 9 before dialing external phone numbers. The local dialing code is 00248
- External phone calls are chargeable at SCR 5 per minute locally and SCR 25 per minute internationally

Discover the Seychelles

- The archipelago of Seychelles is located in the Indian Ocean, just below the equator and is blessed with a warm and humid tropical climate year round. Temperatures tend to stay between 24°C and 32°C. We recommend the use of sunscreen when exposed to sunlight. Rainfall is common
- Whilst many other religions are practiced in the Seychelles, it is a predominantly a Roman Catholic country
- The languages spoken are Creole, English and French - the team is able to assist with some other languages as well
- The local time is GMT +4. Sunrise is generally between 6am and 6.30am and sunset is approximately between 6pm and 6.30pm
- The Seychelles are renowned for crystal clear turquoise waters and an alluring world beneath the ocean's surface. Discover expansive reefs, walls, pinnacles, drop offs, wrecks and canyons on a day of snorkeling or scuba diving. For fun above the water, the island offers plenty of opportunity for watersports on Beau Vallon Bay
- There are a number of sightseeing tours and excursions to experience - get in touch with concierge to find out more or refer to the in-suite magazine for more information about the island
- The main island of Mahe has a number of hiking trails. Mare Aux Cochon and Anse Major are the closest hike-trails to the resort
- NOTE: Please be advised, booking tours and excursions from agents on the beach is at your own risk and the resort will bear no responsibility or liability for incidents that may occur.

Getting Around

- Car parking is complimentary for resort guests
- Transfers are available to Seychelles International Airport - which is just 30 minutes away. The service is chargeable depending on the car type
- The resort can be explored by foot and is well signposted throughout
- Chauffeur driven and self-drive vehicles are available to hire - please contact concierge or WhatsApp  for more information
- Taxis are available - please contact concierge or WhatsApp  for more information



Lifestyle

SESEL SPA

Explore the healing elements in nature and discover the true essence of being at one with the elements. Named as a tribute to its destination (Sesel is the Creole name for Seychelles), this blissful space features a total of eight treatment rooms including five single rooms and two couples suites – in addition to a Vichy Hydrotherapy room and a sauna. We also have a salon for nails, hair and other beauty therapies.

Sesel Spa offers a selection of signature treatments that infuse the best of Western and Eastern techniques – all implemented by expert therapists who take a holistic approach to wellness. The luxury relaxation areas offer a tranquil setting for both pre and post massage treatments so make sure you spend some time here to truly rediscover wellness.

Open every day from 9am to 7pm.

BEAU VALLON GYM

Overlooking the lagoon, our gym is equipped with state-of-the-art 'Life Fitness' cardio machines and free weights. Open daily 24hrs to all in-house guests – Use your room key-card to access the gym.

BEAU VALLON STUDIO

The studio is perfect for syncing your body and mind with Yoga. Complimentary Yoga classes are offered to all guests and the weekly schedule is given in your welcome letter. This venue is also available for use as a conference centre.

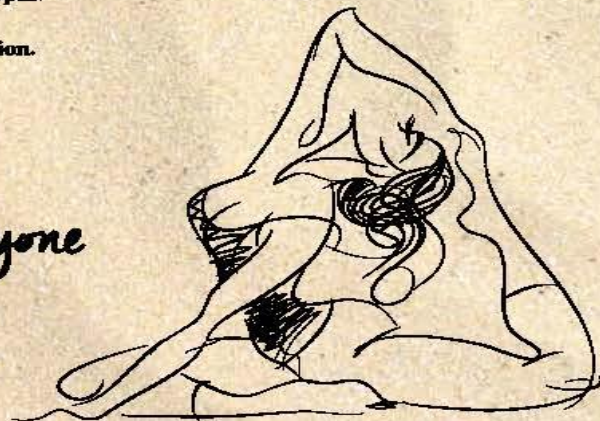
TREE TOPS KIDS CLUB

A world of exploration and fun awaits the little ones at Treetops Kids' Club. Happy Kids make for happy parents and this is our main priority. You can enjoy peace of mind knowing that your child is well cared for by our team of professional caretakers who arrange fun-filled activities. We can also provide a USB with cartoons & animated movies on request. For children aged 3 to 12 years.

Open every day except Wednesdays - 9am to 6pm.

Contact us via WhatsApp  for more information.

#somethingforeveryone



OTHER LEISURE FACILITIES

Recreational facilities are dotted throughout the resort with the stunning infinity pool taking center stage. With ample sun loungers and parasols bordering it, the 24 metre long sapphire blue water pool invitingly tempts you to submerge. The accompanying kids' pool is a safe 0.4 metre in depth. We also offer tennis, volleyball, pétanque, table tennis, a giant chessboard, masks, snorkels and kayaks- all your holiday recreational needs.

SALSA

The resort offers complimentary salsa classes at Trader Vic's. Please refer to the welcome kit for the schedule and timings.

FIT HAPPENS @ H

Guests can take advantage of complimentary fitness and exercise classes available during their stay at the resort via our Fit Happens @ H schedule.



WhatsApp us on
+248-2605301

#luxuryleisure

Hungry or Thirsty?

- Ice is available from In-Room Dining
- The in-suite dining menu is displayed next to the mini-bar
- Food can be ordered from any of the resort's restaurants (subject to opening times). Please get in touch for more information
- Non-alcoholic minibar and snacks are provided with a price list in your room. Alcoholic items can be ordered upon request, please get in touch
- Tea and coffee making facilities have been provided for you with compliments. For replenishments, please get in touch
- Food delivery from outside the resort is not permitted for health and safety reasons



On your TV Remote press 'A' VASCO Dinner Themes; 'B' Fit Happens @ H schedule; 'C' Weekly Activities and 'D' for Dress Code

Picturesque weddings

A magical journey begins...

This intimate, tropical island retreat is the perfect location for a destination wedding or honeymoon. From beach-front villas, to under the stars dining and luxury leisure activities designed to be enjoyed side-by-side... The H Resort is the ultimate destination for romance.

Couples can choose to say 'I do' either along the beach, in the spectacular garden gazebo or in a number of secluded venues dotted around the resort. In addition to an idyllic backdrop, a customized wedding ceremony can be organized by our team of wedding specialists - there's no dream we can't turn into reality.

The H Resort offers a number of packages that can be tailored to ensure that each and every wedding is both perfect and unique. To find out more, contact us on seychelles@h-hotel.com

Sustainability @ H

One of the great assets that the Seychelles Island has is its environment, which is pure and unpolluted. Together with its extraordinary and spectacular beaches, indigenous flora & fauna, the islands offer one of the great true and clean destinations left on the earth. The H Resort Beau Vallon Beach recognizes its responsibility to respect the environment and is committed to achieve environmental best practices, where practically possible throughout its business activity.

We are committed to sustainability and its obligation to the environment and the community. To maximize our effectiveness in completing our sustainability initiatives we ensure that our vision and values are driven from the top of our organizational chart and that our community and supplier interaction is also driven by our environmental and sustainability values with a keen focus on local products.

To promote sustainability we ensure we carefully choose the types and quantities of resources we consume. Furthermore we ensure that the outputs from our business in the form of waste is reduced, released and disposed of in a manner, which ensures preservation of our environment.

KEY GOALS:

- We continually seek ways to conserve and protect natural resources, to minimize wastage of raw materials and energy, whilst providing a consistent and quality product and service to our guests
- We conduct internal environmental reviews and annually assess our progress towards an improved environmental performance and revise as necessary.
- Our team members, business partners, customers and guests are made aware of our sustainability policy and to give them the option to help us achieve them.
- To ensure our team members are aware, involved we conduct periodic educational trainings and encourage them to be proactive in wanting to work to and improve our environmental policies.

A detailed policy is available at the reception area

The resort is currently certified under the Seychelles Sustainable Tourism Label

General Information



Police Station
650m



Fuel Station
800m



Bus Station
10m



Mosque
6km



Medical Centre
400m



Cash Point
750m



Bel Ombre Marina
1.8km



Cash Plus Forex
700m



Catholic Church 500m
Anglican Church 1.4km



Hindu Temple
4.2km



Supermarket
750m



Pharmacy
750m



Entertainment Centre
200m